



SVE Project
Intergenerational Volunteering – Empowering People Project II

Intergenerational Volunteering – Empowering People Project II aims to provide Young people (between 18 and 30 years old), from all backgrounds, with an opportunity to re-create themselves as confident active citizens of their country and at the same time interacting with youngsters in general, youngsters with special needs, youngsters socially excluded, young adults at risk of social marginalization and seniors – with pathways to improving their knowledge and competences in environmental issues, farming, civic participation, handicraft, cooking, arts, ICT, etc in the sharing of skills, knowledge, talents, etc.

This project will provide practice based methods which will enable the volunteers have hands-on experience. Volunteers will be mentored and supported in their planning and executing their cultural dialogue and cultural skills development. It is also foreseen the development of events, seminars, conferences, etc with the intention of promoting the priorities of Communication of European Commission, such as Sustainable environment, European Parliament Elections, Active European Citizenship, job market and job search, youth in movement and youth employment, live and work in Europe, etc.

We also aim to promote intergenerational work, enhancing this way the active ageing and the relationships and learning between different generations. Acquiring foreign language skills are further aspects, which can be enhanced by this project.

Each EVS volunteer is entitled to receive a Youthpass and a Certificate of Participation.

Period of the volunteering work Project: beginning October 2015 to end July 2016.

The role and tasks of the volunteer(s)

In terms of the practical activities in which the volunteers will be involved, we can identify the following:

This volunteering project includes four different activities most of which will take place in the hosting organization, Aveiro, Portugal, as follows:

1st group of activities: The volunteers will work in a team with the purpose of contributing for the development and for the autonomous growing up of SEN young individuals. They will work with SEN people, helping them to be autonomous, teaching them basic survival

skills of autonomy and daily routines. Before they start working in this area, they will receive specific and adequate training. They will be involved in four different workspaces:

AUTO SPACE

This work space assumes itself as a space of excellence for the development of conceptual skills (related to academic aspects, reading and writing, knowledge about money, autonomy). Several activities are developed to promote these competences CEO SPACE (create, integrate, and guidance space) This is a work space of excellence in the development of practical skills: Daily life activities (DLA): Food, dislocations, hygiene, clothing. Instrumental daily life activities: preparation of meals, care for the environment, means of transportation, handling money, etc. Occupational and safety/security activities.

PATH SPACE

The development of the activities in this space have, as main goal, to be the connection point between all workspaces. It intends to facilitate the creation of "Alternative paths/journeys with hope". It's given a bigger emphasis to the development of personal and social skills, despite this work being worked transversally in all workspaces in the school. In "PATH" we work competences inherent to Health, Sports and Well-being. Activities of body, dramatic, artistic and plastic expressions will be a daily procedure and the volunteers will be deeply involved in them.

LINK SPACE

This work space is situated in CATEC (technological field) aims to be a space of connection between the school and the organization of the labor world.

This space aims to accomplish the transition to active life: vocational orientation supporting in the selection/ adaptation of an educational, professional or occupational path.

Some competences to be developed among Young individuals with SEN: Be autonomous in the street and follow safety rules; to combat the sedentary lifestyle rates; to increase the rates of physical activity; learn to swim; learn to read, write and to count; learn to use the money; learn to cook and do the ironing; learn to make the bed and lay the table, etc.

2nd group of activities: The volunteers will be involved in environmental issues and in bio farming, helping SEN individual and senior households to be self-sufficient in what growing their own vegetables is concerned (to help them having healthy food for little money) and at the same time, promoting the inclusion and integration in society of SEN individuals. On the other hand, we also aim the promotion of sustainable environment and the protection of the same. So, the development of several activities for the promotion of sustainable environment will be developed in cooperation with our European Information Centre, Europe Direct of Aveiro. Volunteers will work directly with this centre at a regular basis too. Volunteers will have specific and adequate too before starting these activities. Some of these activities are practical and will take place at the little farm the hosting organization holds near the main building and the information

sessions organized with the Europe Direct Centre will take place in different places in the region of Aveiro (schools, Municipalities, etc)

3rd group of activities: Again, in cooperation with our European Information Centre, Europe Direct of Aveiro, volunteers will visit schools in the region in order to share their experience of living and volunteering work in another country and at the same time share some cultural and historical facts of their respective countries. With this, we aim to give other people the opportunity of contacting and speaking with foreign people in a multicultural and open minded context.

4th group of activities: The volunteers will be given the opportunity to develop a personal project having in mind their skills, competences and interests. This project will be for the benefit of not only of the hosting organization but mainly of the local community. The volunteers will have then the opportunity to develop their own personal, social, cultural and if the case technical skills in a quite motivating way.

Volunteers from Spain and Italy will be asked to teach the basics of their language, oral communication, to young individuals going to Spain and Italy for a work practice. All volunteers are welcome to teach their language and share their culture to group of people if they wish.

With this project, volunteers will have an opportunity to enjoy a fulfilling international experience, involving young, older and SEN people, in an intergenerational learning, sharing knowledge, skills and values, acquiring useful skills for the future, gain a better understanding of global issues, and contribute to the well-being of our communities.

Expected working hours: 30 hours a week; considering 5 working days, from 9:00 to 17:00 pm, (including 1 hour for lunch). However, the time must be flexible depending on the external activities. In this case it can be compensated with free days/hours.

In case they work weekends they will have week days off.

Days off: 2 days off, usually at the weekend, but could be any other day if they are needed at the weekends for a specific activity.

Mentor: Carolina Maia – email: carolina.maia05@gmail.com

Tutors

Each volunteer will have a tutor depending on the department they will work more hours.

The coordinator of the project, Ana Ribeiro – email: ana.ribeiro@aeva.eu will also be the person to solve problems, mediator, person they meet regularly with, etc.

ACCOMMODATION and SUBSISTANCE:

The project foresees the presence of six volunteers from 5 different countries (Spain, Italy, France, Germany and Hungary). They will be accommodated in a quite modern flat, about 50 meters away from the association and school. The flat has 3 bedrooms, so the volunteers will be accommodated two in each room. There is a kitchen, living room and two bathrooms. There is washing machine and all the necessary bed linen, towels, chinaware, etc.

The volunteers will have lunch daily at association canteen (they can choose between fish, meat or diet dish, plus soups, drink, bread, dessert and coffee). They will get 150€ per month + 95€ of pocket money.

Photos of the flat:





